Maximum benefit.

Employee Assistance and Mental Health Program (EAP)



Mental health has taken centre stage in the workplace. Maximum Benefit, along with their partner Homewood Health Inc., team up to deliver EAP

services that help employers in their commitment to supporting the well-being of their employees. Homewood offers **Pathfinder**, a robust employee assistance and mental health program, with choices of inperson, phone and online care options, and product tiers to give you more choice for employees and their families.

PATHFINDER PRO - EAP AND WELLNESS

- Mental health counselling Sentio iCBT Integrated wellness and coaching
- Digital mental health platform and resources Guided care recommendations
- Diversity, Equity and Inclusion support

PATHFINDER PLUS

Same features as Pathfinder Pro, and also includes: Counsellor-assisted Sentio iCBT • Onboarding and engagement support • Digital leadership Mental Health Training to help leaders support the mental health of their team

PATHFINDER COMPREHENSIVE

Same features as Pathfinder Plus, and also includes: Enhanced digital leadership mental health training • Enhanced mental health care for specialized clinical programs providing longer term support for anxiety, depression, trauma and substance use therapy.

With the highest quality of clinical support and intervention available, and an unmatched continuum of services, Pathfinder removes barriers to productivity and strengthens organizations from the inside out. This typically leads to:

LOWER ORGANIZATIONAL COSTS

Prevent/reduce employee absence • Reduce rising drug and other health benefit costs • Minimize risk and liability by supporting a safe and productive workplace

DEMONSTRATED COMMITMENT TO THEIR EMPLOYEES

Address stress in the workplace • Promote healthy work/life balance • Empower employees to take action on their personal and family issues

ENHANCED WORKPLACE EFFECTIVENESS

Attract/retain motivated, engaged employees • Manage workplace change and transition • Reduce the impact of workplace conflict

Visit us online at maximumbenefit.ca

